

**CURRICULUM VITAE**

**A. CONTACT INFORMATION**

Professional Address: Northwestern University Feinberg School of Medicine  
420 E. Superior, Faculty Affairs, Room 651,  
Chicago, IL 60611  
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**B. EDUCATIONAL BACKGROUND**

**2012-2014 T32 Postdoctoral Research Fellow**

Department of Preventive Medicine  
Feinberg School of Medicine  
Northwestern University: Chicago, Illinois  
Research Mentor: Dr. Mercedes R. Carnethon

**2006 – 2012 Doctor of Philosophy (Ph.D.)**

Major: Social Psychology  
Minor: Neuropsychology  
Psychology Department  
Howard University: Washington D.C.  
Dissertation Title: "Does state mindfulness influence the effects of hostility, cultural mistrust, and racial socialization on coping strategy preference among African American college students across types of stressful situations?"  
Dissertation Chair: Dr. Lloyd R. Sloan

**2006 – 2010 Master of Science (M.S.)**

Major: Psychology  
Psychology Department  
Howard University: Washington D.C.  
Thesis Title: "Optimism, hostility, social support, racism and religiosity as predictors of perceived stress among African American college students."  
Thesis Chair: Dr. Lloyd R. Sloan

**2002 – 2006 Bachelor of Science (B.S.)**

Major: Psychology  
Minor: Radio, TV, Film  
Psychology Department  
Howard University: Washington D.C.  
Honors: Phi Beta Kappa, Summa Cum Laude  
Senior Thesis Title: "Gender differences in dating violence among African American college students."  
Academic Advisor: Dr. Dominicus So

## **C. RESEARCH EXPERIENCE**

- 2014-** **Research Associate, Scientific Careers and Research Development Group, Northwestern University Feinberg School of Medicine: Chicago, IL.** Qualitatively research the group dynamics, communication styles, and the interpersonal and motivational factors that influence the career-decision making process for underrepresented minorities in biomedical sciences. Key tasks include qualitative interviewing, coding and analyses, social identity-based workshop facilitation, and curricular development. NVIVO analysis software was utilized.
- 2014-** **Co-founder, Beneath The Façade.** Develops the vision and content for Beneath The Façade, a website that serves as a digital community and psycho-educational resource for African American women coping with gendered racism and stereotypes in the workplace.  
[www.beneaththefacade.org](http://www.beneaththefacade.org)
- 2012-2014** **Cardiovascular Epidemiology and Prevention Postdoctoral Fellow, Department of Preventive Medicine, Northwestern University Feinberg School of Medicine: Chicago, IL.** Conducted epidemiological research on the psychosocial factors of cardiovascular-related health behaviors (sedentary behaviors, eating behaviors, and health care use) and metabolic disorders. Stata analysis software was utilized.
- 2006-2013** **Researcher, Psychology Department, Howard University: Washington D.C.** Conducted research on coping strategies and various psychosocial factors that impact the stress and health behaviors of African Americans. SPSS analysis software was utilized.
- 2011-2012** **Lab Manager, COPE Lab, Psychology Department, Howard University: Washington D.C.** Managed and trained ten undergraduate students who collected data in a lab that investigated mindfulness' influence on mistrustful dispositions and coping strategy preference.
- 2012** **Behavioral Intervention Intern, Diabetes Treatment Center, Howard University: Washington D.C.** Evaluated the effectiveness of a diabetes self-management program. Tasks included tracking the goals of behavior change through follow-up phone calls and visits with the patients, data entry, and writing reports. Clinipro electronic medical record system was utilized.
- 2010-2012** **Researcher, Department of Prevention and Community Health, George Washington University: Washington D.C.** Evaluated the effectiveness of Capital Cares, a youth suicide prevention program and public health campaign funded by the Department of Mental Health in Washington DC. Tasks included data entry using Excel, creation of summary reports, and web survey development and management.

- 2010**                    **Proposal Writer Intern, Global Trauma Relief Program, The Center for Mind Body Medicine: Washington D.C.** Conducted comprehensive literature searches pertaining to mind-body modalities and post traumatic stress disorder. Assisted in writing a proposal for the IRB submission of a randomized controlled study in Gaza.
- 2009**                    **Researcher, Total Relaxation Wellness Center: Washington D.C.** Wrote literature reviews on various psychological and physiological factors of stress for wellness workshops.
- 2008-2010**            **Research Intern, Programs Department, Black Women’s Health Imperative: Washington D.C.** Created demographic profiles, developed and analyzed surveys with qualitative and quantitative responses, assisted with grant writing, and wrote reports and briefs pertaining to health education for Black women.
- 2007-2008**            **Research Fellow, Defense Manpower Data Center, Department of Defense: Arlington, VA.** Conducted survey research for the Department of Defense. Tasks included: creating codebooks, organizing variables, and writing statistical programs. SAS statistical software was utilized.
- 2005**                    **Research Intern, Center for Child and Family Policy, Duke University, Durham, NC.** Conducted research on substance abuse and adolescents, coded videos, led focus groups, and presented at a research symposium.
- 2004-2006**            **Intern, Office of Ethnic Minority Affairs, American Psychological Association, Washington D.C.** Completed administrative tasks, wrote for the quarterly newsletter, and provided assistance in implementing grants and resolutions.
- 2004-2006**            **Research Assistant, Department of Psychology, Howard University, Washington D.C.** Tasks included data collection, data analysis, and presenting at professional conferences. SPSS statistical software was utilized

#### **D. TEACHING EXPERIENCE**

##### **Teaching**

- 2014-2016**            **Instructor, Psychology Department, Chicago State University: Chicago, IL.** Taught “Fundamentals of Statistical Methods” to undergraduate health science and psychology students. Topics include: descriptive statistics correlation, t-tests, and analysis of variance. Course Number PSYC 4190 PSYC 3500
- 2013**                    **Undergraduate Research Mentor, Department of Preventive Medicine, Northwestern University Feinberg School of Medicine: Chicago, IL.** Organized the research agendas for three undergraduate researchers and mentored them as they completed various aspects of epidemiology research including: literature reviews, data collection, data entry, scientific writing, and presentations.

- 2006-2012**      **Instructor, NIMH Research Training Seminar, Psychology Department, Howard University: Washington D.C.** Responsibilities included creating course materials and curriculum; and mentoring students throughout their undergraduate research appointments. Topics included GRE preparation, scientific writing, research methodology, and preparing a competitive graduate school application. Course Number: PSYCH 193
- 2010-2011**      **Guest Lecturer, Psychology Department, Howard University: Washington D.C.** Taught a range of topics during undergraduate social psychology courses including: social cognition, social influence, and prosocial behaviors. Course Number: PSYCH 125
- 2009**              **Graduate Teaching Assistant, Psychology Department, Howard University: Washington D.C.** Assisted three professors teaching introduction to social psychology by proctoring and grading exams and teaching the class in the professor's absence. Course Number: PSYCH 125

**Additional Pedagogical Training**

- 2010-2012**      **Preparing Future Faculty Program (PFF); Graduate School, Howard University: Washington D.C.** Received training in designing courses, teaching techniques, and solving instructional problems in a university setting.

**E. CONSULTING EXPERIENCE**

- 2016**              **Health Interviewer, Department of Preventive Medicine, Northwestern University Feinberg School of Medicine: Chicago, IL.** Collect survey and physiological data among women in a community-based sample.
- 2016**              **Proposal Writer, Programs and Training, Black Women's Health Imperative: Washington DC.** Researched, co-wrote, and edited health-related proposals.
- 2014**              **Consultant, Urban Mindfulness and Addictions Research Program, Chicago State University: Chicago, IL.** Provide technical assistance and qualitative data collection for a mindfulness-based substance abuse intervention.

**E. HONORS AND AWARDS**

- 2014**              Finalist at the Northwestern University Lewis Landsberg Research Day
- 2014**              Northwestern University Postdoctoral Affairs Travel Grant
- 2014**              American Heart Association Minority Travel Grant
- 2013**              CDC Minority Travel Award Recipient, American Heart Association 10-day Epidemiology Seminar on Epidemiology and Prevention of Cardiovascular Disease

<b>2013</b>	American Heart Association 10-Day Seminar on the Epidemiology and Prevention of Cardiovascular Disease Fellow
<b>2011-2012</b>	National Institute of Mental Health (NIMH-COR) Graduate School Fellow
<b>2010, 2012</b>	Oral Presentation Winner at the Howard University Graduate School Research Symposium
<b>2010, 2012</b>	Oral Presentation Winner at the Leslie H. Hicks Research Symposium in Psychology
<b>2009</b>	New Faces, More Leadership in Public Policy and Advocacy Training Institute Certificate of Completion
<b>2008-2011</b>	Howard University Frederick Douglas Scholarship; full tuition and stipend
<b>2006-2008</b>	Ronald E. McNair Graduate School Fellow; full tuition and stipend
<b>2006-</b>	Phi Beta Kappa Honors Society
<b>2005-2006</b>	Ronald E. McNair Research Fellow
<b>2004-2006</b>	Psi Chi National Honor Society in Psychology; President 2005-06
<b>2004-2006</b>	NIMH-COR Honors Research Fellow Scholarship; stipend and tuition
<b>2003-2006</b>	College of Arts and Sciences Honor Association; President 2005-06
<b>2003-2006</b>	Howard University Trustee Scholarship; full tuition
<b>2002-2006</b>	Howard University Dean's List

## **F. POPULAR MEDIA BIBLIOGRAPHY**

**Womack, V.Y.** (April 17, 2016). Respectability politics are making black Americans sick. *Quartz*. <http://qz.com/663520/respectability-politics-are-making-black-americans-sick/>

**Womack, V.Y.** (March 27, 2015). A movement against racism should be a movement for mental health. *TIME*. <http://time.com/3761684/movement-against-racism-mental-health/>

## **G. SCHOLARLY BIBLIOGRAPHY**

**Womack, V.Y.** Sloan, L.R. (in press). The Association of Mindfulness and Racial Socialization Messages on Approach-Oriented Coping Strategies among African Americans.

**Womack, V.Y.,** De Chavez, P., Siddique, J., Loucks, E.B., Puterman, E., Albrecht, S., Redmond, N., Durant, N., Williams, D., Carnethon, M.R. (2016). A Longitudinal Relationship between

Depressive Symptoms and Development of Metabolic Syndrome: the Coronary Artery Risk Development in Young Adults (CARDIA) Study. *Psychosomatic Medicine*.  
Orneilas, I.J., Gallo, L.C., Saligado, H., **Womack, V.Y.**, Penedo, F.J. (2015). Binge Drinking and Perceived Ethnic Discrimination among Hispanics/Latinos: Results from the Hispanic Community Health Study/Study of Latinos Sociocultural Ancillary (HCHS/SOL) Study. *Journal of Ethnicity in Substance Abuse*.

Nuñez, A., González, P., Talavera, G. A., Sanchez-Johnsen, L., Roesch, S. C., Davis, S. M., Arguelles, W., **Womack, V. Y.**, Ostrovsky, N. W., Ojeda, L., Penedo, F. J., & Gallo, L. C. (2015). Machismo, Marianismo, and Negative Cognitive-Emotional Factors: Findings from the Hispanic Community Health Study/Study of Latinos Sociocultural Ancillary Study. *Journal of Latina/o Psychology*.

**Womack, V.Y.** & Carnethon, M.R. (2015). Comment on Tovote et al. Individual Mindfulness-Based Cognitive Therapy and Cognitive Behavior Therapy for Treating Depressive Symptoms in Patients With Diabetes: Results of a Randomized Controlled Trial. *Diabetes Care*, 38:e49-e50.

**Womack, V.Y.**, Ning, H., Lewis, C.E., Loucks, E.B., Puterman, E., Reis, J., Siddique, J., Sternfeld, B., Van Horn, L., Carnethon, M.R. (2014). The association of discriminatory experiences on sedentary behaviors: the Coronary Artery Development in Young Adults (CARDIA) Study. *American Journal of Health Behaviors*. 38(5):641-649.

### **Refereed Publications In Progress**

**Womack, V.Y.**, Onyango, L., Campbell, P.B., McGee, R. Being the Only: Black Women Biomedical Graduate Student Perceptions of Climate and Coping.

**Womack, V.Y.**, Montag, S.E., De Chavez P., Carnethon, M.R.. The Association of Mindfulness with Sleep in a Population-Based Sample: Chicago Area Sleep Study (CASS).

**Womack, V.Y.**, De Chavez, P., Penedo, F.J., Gonzalez, P., Ojeda, L., Ostfeld, R., Cai, J., Giachello, A.L., Davis, S.M., Daviglius, M.R., Carnethon, M.R.. Association of marital status and on health care use among Latino Hispanic/Latino adults: Results from HCHS/SOL.

**Womack, V.Y.**, De Chavez, P., Penedo, F.J., Giachello, A.L., Daviglius, M.R., Carnethon, M.R.. Associations of marianismo and marital status on health care use among Hispanic/Latino women: Results from HCHS/SOL's Sociocultural Ancillary Study.

Castillo, L.G., Gallo, L.C., Nunez, A., Gonzalez, P., Merz, E.L., Buelna, C., Castaneda, S.F., **Womack, V.Y.**, Ojeda, L., Penedo, F.J., Garcia, K.A.. Evaluating the psychometric properties and factorial invariance of the marianismo beliefs scale among Hispanic/Latinos in the HCHS/SOL Sociocultural Ancillary Study.

### **Abstracts**

McGee, R., **Womack, V.Y.** Thakore, B. Williams, S., Onyango, L., Ingram, S., Fry, C. and Wecker, L. (2016). Promoting Success Through Diverse Career Coaching Groups: Expansion to a Scientific Society. Poster presented at the GREAT Group and GRAND Professional Development Conference, Rosemont, IL.

Dickens, D. & **Womack, V.Y.** (2016.) Beneath The Façade: The Psycho-educational website for Professional Black Women. Paper presented at the Society for the Psychological Study of Social Issues Conference, Minneapolis, MN.

**Womack, V.Y.**, Onyango, L., Campbell, P.B., McGee, R. (2016). Being the Only: Black Women Biomedical Graduate Student Perceptions of Climate and Coping. Paper presented at the Conference on Evidence-Based Innovations to Support Women in Biomedical Research Careers, Bethesda, MD.

Byars-Winston, A., McGee, R., Quinn, S., Thomas, S., Saetermoe, C., Butz, A., **Womack, V.Y.**, Utzerath, E. (2016). Promoting Culturally Aware Mentoring and The NRMN Initiative. Paper presented at the Keeping Our Faculty of Color Symposium, Minneapolis, MN.

**Womack, V.Y.** and Dickens, D. (2016). Beneath The Façade: The Psycho-educational website for Professional Black Women. Paper presented at The Association of Black Psychologists Midwestern Regional Conference, Chicago, IL.

**Womack, V.Y.**, Williams, S.N., Thakore, B.K., Onyango, L.A., McGee, R. (2016). Facilitation Style and 'Safe Space' Development during a Coaching Intervention for Biomedical PhD Students: The Academy for Future Science Faculty. Paper presented at Understanding Interventions that Broaden Participation in Science Careers Conference, Philadelphia, PA.

Wood, C.V., **Womack, V.Y.**, Thakore, B., Jones, R., McGee, R. (2016). Qualitative Interviewing: from Design to Detail. Workshop presented at Understanding Interventions that Broaden Participation in Science Careers Conference, Philadelphia, PA.

**Womack, V.Y.**, Williams, S.N., Thakore, B.K., Onyango, L.A. McGee R. (2015). Perceived Academic Career Coach Effectiveness by Coaching Style among Biomedical PhD Students. Paper presented at Understanding Interventions that Broaden Participation in Science Careers Conference, San Diego, CA.

**Womack, V.Y.**, Montag, S.E., De Chavez P., Carnethon, M.R. (2015). Association of Mindfulness and Stress with Sleep: Chicago Area Sleep Study. Poster presented at the Lewis Landsberg Research Day, Chicago, IL.

Lyons, L., Cantrell, W.D., **Womack, V.Y.** (2015). Mindfulness based relapse prevention for male, drug-using jail inmates. Poster presented at the American Public Health Association, Chicago, IL.

**Womack, V.Y.**, De Chavez, P., Kershaw K.N., Carnethon, M.R. (2014). The Prevalence of Comorbid Depression & Diabetes across Racial/Ethnic Backgrounds: The National Health and Nutrition Examination Study. Poster presented at the Lewis Landsberg Research Day, Chicago, IL.

**Womack, V.Y.**, De Chavez, P., Penedo, F.J., Gonzalez, P., Ojeda, L., Ostfeld, R., Cai, J., Davis, S.M., Gallo, L.C., Giachello, A.L., Carnethon, M.R. (2014). Association of Martial Status with Health Care Use among Hispanic/Latino Adults: Results from the HCHS/SOL SocioCultural Ancillary Study. Paper presented at the National Heart, Lung, and Blood Institute Trainee Session, San Francisco, CA.

**Womack, V.Y.**, De Chavez, P., Penedo, F.J., Gonzalez, P., Ojeda, L., Ostfeld, R., Cai, J., Davis, S.M., Gallo, L.C., Giachello, A.L., Carnethon, M.R. (2014). Association of Martial Status with Health Care Use among Hispanic/Latino Adults: Results from the HCHS/SOL SocioCultural

Ancillary Study. Poster presented at the American Heart Association Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2014 Scientific Sessions, San Francisco, CA.

**Womack, V.Y.,** De Chavez, P., Kershaw K.N., Carnethon, M.R. (2014). The Prevalence of Comorbid Depression & Diabetes across Racial/Ethnic Backgrounds: The National Health and Nutrition Examination Study. Poster presented at the American Heart Association Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2014 Scientific Sessions, San Francisco, CA.

Carnethon, M.R. De Chavez, P.J., Rasmussen-Torvik, L.J., **Womack V.Y.,** Kershaw, K.N. (2014). Trends in diabetes by socioeconomic status between 1999-2010: National Health and Nutrition Examination Surveys. Poster presented at the American Heart Association Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2014 Scientific Sessions, San Francisco, CA.

**Womack, V.Y.** & Sloan, L.R. (2014). Mindfulness moderates race-related stress' negative impact on binge-eating among African American college students. Poster presented at the Society of Personality and Social Psychology Conference, Austin, TX.

**Womack, V.Y.,** De Chavez, P., Siddique, J., Loucks, E.B., Puterman, E., Albrecht, S., Redmond, N., Durant, N., Williams, D., Carnethon, M.R. (2013). Associations of depressive symptoms with metabolic syndrome: the Coronary Artery Risk Development in Young Adults (CARDIA) Study. Poster presented at the American Heart Association Scientific Sessions, Dallas, TX.

**Womack, V.** & Sloan, L.R. (2013). Mindfulness and racial socialization messages predict active coping among African American college students. Poster presented at the World Congress on Positive Psychology, Los Angeles, CA.

**Womack, V.** & Sloan, L.R. (2013). Racial socialization messages moderate the influence of state mindfulness and race-related stressors on coping strategy preferences. Poster presented at the World Congress on Adolescent Health, Istanbul, Turkey.

**Womack, V.** & Sloan, L.R. (2013). The effect of state mindfulness on coping strategy preferences in race-related stressful situations. Poster presented at the Hawaii International Conference on Social Science, Honolulu, HI.

**Womack, V.** & Sloan, L.R. (2013). Mindfulness counteracts the negative relationship between hostility and behavioral disengagement coping. Paper presented at the Midwestern Psychological Association Conference, Chicago, IL.

**Womack, V.,** Puterman, E., Van Horn, L., Siddique, J., Loucks, EB., Sternfeld, B. & Carnethon, M. (2013). Association of discriminatory experiences on sedentary behaviors: the coronary artery risk development in young adults study (CARDIA). Poster presented at the American Heart Association Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2013 Scientific Sessions, New Orleans, LA.

**Womack, V.** & Sloan, L.R. (2013). Cultural pride reinforcement racial socialization messages moderate the influence of state mindfulness and race-related stressors on coping strategy preference. Poster presented at the Society of Personality and Social Psychology, New Orleans, LA.



**Womack, V. & Sloan, L.R.** (2012). Mindful acceptance can counteract the deleterious relationship between hostility and perceived stress. Poster presented at the Society of Behavioral Medicine Conference, New Orleans, LA.

**Womack, V. & Sloan, L.R.** (2012). High trait mindfulness reduces the counterproductive relationship between high hostility and low active coping with stress. Poster presented at the Society of Personality and Social Psychology Conference, San Diego, CA.

**Womack, V. & Sloan, L.R.** (2011). Do mindfulness & racial socialization influence coping strategy selection among hostile and culturally mistrustful people in stressor scenarios? Research proposal presented at the 2011 Black Graduate Students in Psychology Conference, Miami, FL.

**Womack, V. & Sloan, L. R** (2011). Coping strategies moderate the relationship between cultural mistrust in interpersonal relationships and perceived stress for African Americans. Poster presented at the Hawaii International Conference on Social Science, Honolulu, HI.

**Womack, V. & Sloan, L. R** (2011). Planning coping strategies and optimism moderate the relationship between perceived racism in academic settings and perceived stress for African Americans. Poster presented at the Association of Psychological Sciences Conference, Washington DC.

**Womack, V. & Sloan, L. R.** (2011). Coping strategies moderate the relationship between cultural mistrust and perceived stress in African American college students. Poster presented at the Society of Behavioral Medicine Conference, Washington DC.

**Womack, V. & Sloan, Lloyd R.** (2010). Seeking social support and wishful thinking moderate low self-esteem indicators of perceived stress for African Americans. Poster presented at the International Journal of Behavioral Medicine Conference, Washington DC.

**Womack, V. & Sloan, L. R** (2010). Planning coping strategies and optimism moderate the relationship between perceived racism in academic settings and perceived stress for African Americans. Paper presented at the Association of Black Psychologists Conference, Chicago, IL.

**Womack, V. & Sloan, L. R** (2010). Seeking social support moderates cultural mistrust and low self-esteem indicators of perceived stress for Black Students. Paper presented at the Black Graduate Students Conference in Psychology, Baltimore, MD.

**Womack, V. & Sloan, L. R** (2010). Coping strategies moderate mistrust, optimism and hostility predictors of stress. Paper presented at the Midwestern Psychological Association Conference, Chicago, IL.

**Womack, V. & Sloan, L.R.** (2010). Seeking social support moderates intergroup mistrust and low self-esteem indicators of perceived stress for African Americans. Paper presented at the Eastern Psychological Association Conference, New York, NY.

## **H. SERVICE**

### **Service**

- 2016** Member, Diversity Fellowship Selection Committee, Northwestern University Graduate School, Chicago, IL
- 2016** Evaluation Advisor, I Grow Chicago, Chicago, IL
- 2016** Member, Chicago State University Mindfulness Curricular Development and Programming Committee
- 2016** Invited Speaker, Counseling Department, Chicago State University, Chicago, IL
- 2016** Invited Workshop Facilitator, Center for the Advancement of Teaching and Faculty Development, Xavier University, New Orleans, LA
- 2016** Invited Speaker, American Society for Pharmacology and Experimental Therapeutics (ASPET) Annual Meeting, San Diego, CA
- 2016** Member, Planning Committee, Mindfulness & Diversity: A Research Forum to Enhance Awareness and Improve Minority Health at Stony Brook and Beyond
- 2016** Chief Reviewer, CARDIA Presentations & Publications Committee, Coronary Artery Risk Development in Young Adults (CARDIA) Study.
- 2016** Proposal Reviewer, APA Division 45 Research Conference, American Psychological Association
- 2016** Research Advisor, Northwestern Medical Scholars Program, Chicago, IL
- 2015-** Member, Cultural Awareness Module Working Group, National Research Mentoring Network (NRMN)
- 2015** Member, Selection Committee, National Black Graduate Students in Psychology Conference (BGSPC)
- 2015** Invited Speaker, Society for Advancement of Hispanics/Chicanos and Native Americans in Science (SACNAS) Chicago Symposium, Chicago, IL
- 2015** Invited Speaker, Daughters and Sons Go To Work Day, Northwestern University, Chicago, IL
- 2015** Invited Workshop Facilitator, The Women's Center, Northwestern University, Chicago, IL
- 2015** Member, Health Committee, Montessori School of Englewood, Chicago, IL

- 2015** Member, Board of Directors, Positive Responsible Educated Talented Truthful Young Women (P.R.E.T.T.Y.)
- 2014** Chief Reviewer, CARDIA Presentations & Publications Committee, Coronary Artery Risk Development in Young Adults (CARDIA) Study.
- 2014** Faculty, National Black Graduate Conference in Psychology (BGSPC), Washington D.C.
- 2014** Invited Speaker, Daughters and Sons Go To Work Day, Northwestern University, Chicago, IL.
- 2013-** Reviewer, *The Journal of the Academy of Nutrition and Dietetics*.
- 2013** Reviewer, *Stress and Health*.
- 2013** Research Mentor, Summer Research Opportunity Program (SROP), Northwestern University Feinberg School of Medicine, Chicago, IL.
- 2013** Invited Speaker, Daughters and Sons Go To Work Day, Northwestern University, Chicago, IL.
- 2012-** Affiliated Investigator, Hispanic Community Health Study/Study of Latinos (SOL)
- 2012-** Affiliated Investigator, Chicago Area Sleep Study (CASS)
- 2012-** Member, CARDIA Psychosocial Working Group, Coronary Artery Risk Development in Young Adults (CARDIA) Study.
- 2011** Grant Reviewer, The DC Children and Youth Investment Trust Cooperation.
- 2011** Volunteer, Association of Black Psychologists Conference, Washington, D.C.
- 2011** Volunteer, Association of Psychological Science Conference, Washington, D.C.
- 2010-2011** Reviewer, *The New School Psychology Bulletin*.
- 2010** Event Coordinator, Putting US First: A Day of Empowering Young Black Women, Black Women's Health Imperative, Washington D.C.

### **Professional Affiliations**

- 2015-** Institute for Public Health and Medicine, Northwestern University
- 2012-2014** American Heart Association
- 2011-2012** American Psychological Association
- 2011-2014** Society of Behavioral Medicine

**2010-2013**

Midwestern Psychological Association